

Dish	Tuna, Spring Onion, Cucumber													
<u>Ingredients</u> Tuna * Mayo * Spring Onion Cucumber Vinegar * S+P Bread*														
Item	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo, Cucumber					x									x
Bread		Wheat												

* Please state name of Cereal(s) containing Gluten in column

**Please state name(s) of Nut in Column

Dish	Egg Mayo and Cress (v)													
<u>Ingredients</u> Egg * Mayo * Cress S+P Bread*														
Item	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Egg Mayo and Cress				x										
Bread*		Wheat												

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Dish	Chicken Ceasar with Smoked Bacon													
<u>Ingredients</u> Chicken Vegan Mayo * Djion Mustard * Parmesan * Smoked Bacon * Iceburg Bread*														
Item	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame Seeds	Soya	Sulpher Dioxide
Chicken Ceasar and Smoked Bacon							x		x					x
Bread*		Wheat												

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Dish	Humus, Crunchy Chickpeas and Pesto (ve)													
<u>Ingredients</u> Chunky Hummus Chickpeas Garlic Oil Lemon Tahini Carrot Spinach Falafel GF Baking Powder Gram Flour Cardomom Salt and Pepper Garlic Cumin Parsley Coriander Chickpeas Onion Wrap*														
Item	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Wrap		Wheat												

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Dish	Cheese Savoury (v)													
<u>Ingredients</u> Cheese Savoury Cheddar Cheese* Red Leicester Cheese* Red Onion Vegan Mayo Bread*														
Item	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Cheese Savoury							x							
Bread		Wheat												

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Dish	Salami, Brie and Caponata													
<u>Ingredients</u> Salami Brie * Caponata Olive Courgette Aubergine Capers* Garlic Onion Bread*														
Item	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Salami														
Brie							x							
Caponata														x
Bread*		Wheat												

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Dish	Minced Beef and Onion Pasty													
<u>Ingredients</u> Minced Beef and Onion Beef Beef Jus Onion Eggs* Puff Pastry Wheatflour *														
Item	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Steak Slice		Wheat		x										

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Dish	Mushroom Pasty (v)													
<u>Ingredients</u> Mushroom Tarrogan Garlic Vegan Double Cream Eggs* Puff Pastry Wheatflour *														
Item	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame Seeds	Soya	Sulpher Dioxide
Steak Slice		Wheat		x										

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Dish	Brie, Onion Chutney and Spring Onion Filo Basket (v)													
<u>Ingredients</u> Brie * Caramelised Onion Chutney Red Onion Red Wine Vinegar * Black Peppercorns Sugar Filo Pastry Wheatflour * Butter *														
Item	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Brie							x							
Onion Chutney														x
Filo Pastry		Wheat					x							

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Dish	Vegetable Frittata (v)													
<u>Ingredients</u> Vegetable Frittata Egg* Cheddar Cheese* S+P Peppers Tomato Courgette														
Item	Celery	Cereals containing Gluten*	Crustacea ns	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Vegetable Frittata				x			x							

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Dish	Potato Croquette													
<u>Ingredients</u> Potato Croquette Potato Mature Cheddar* Egg* Panko Breadcrumb* Veg Oil Onion Cheddar* Garlic Mayo Ketchup*														
Item	Celery	Cereals containing Gluten*	Crustacea ns	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Potato Croquette		Wheat		x			x							
Ketchup	x													

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**Please state name(s) of Nut in Column

Dish	Iced Carrot Cake Square													
<u>Ingredients</u> Carrot Cake Plain Flour * Caster Sugar Bicarb Soda Baking Powder Cinnamon Dark Brown Sugar Eggs * Grated Carrots Rapeseed Oil Cream Cheese Frosting Cream Cheese* Icing Sugar														
Item	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Carrot Cake		Wheat		x			x							

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Dish	Carrot Cake (gf/ve)													
<u>Ingredients</u> Carrot Cake GF SR Flour Light Brown Sugar Grated Carrots Zested Orange Water Rapeseed Oil Vanilla Essence Cinnamon Nutmeg														
Item	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame Seeds	Soya	Sulpher Dioxide
Carrot Cake														

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Dish	Oaty Flapjack													
<u>Ingredients</u> Flapjack Rolled Oats * Stork Light Brown Sugar Golden Syrup														
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Flapjack		Oat												

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Dish	Lemon Drizzle Cake													
<u>Ingredients</u> Lemon Drizzle Soft Margerine Caster Sugar Lemon Zest Eggs* SR Flour* Lemon Juices														
Item	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame Seeds	Soya	Sulpher Dioxide
Lemon Drizzle		Wheat		x										

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Dish	Chocolate Brownie													
<u>Ingredients</u> Brownie Dark Chocolate Stork Caster Sugar Cocoa Powder Plain Flour * Baking Powder Eggs * Vanilla Essence														
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Chocolate Brownie		Wheat		x										

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Dish	Scones													
<u>Ingredients</u> Scone Self-Raising Flour* Baking Powder* Caster Sugar Stork Egg* Milk* Sultanas Strawberry Jam* Cream*														
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Scone		Wheat		x			x							
Jam														x
Cream							x							

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