

Dish	Chargrilled Chicken Strips, Coronation Mayo, Flaked Almonds, Coriander
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Ingredients

Chargrilled Chicken Strips

Chicken
S+P
Oil

Coronation Mayo

Mayonnaise *
Curry Powder
Mango Chutney

Flaked Almonds *

Fresh Corriander

Item	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame Seeds	Soya
Mayo									x				
Almonds										Almonds			

* Please state name of Cereal(s) containing Gluten in column **Please state name(s) of Nut in Column

Sulphur Dioxide

Dish		Caramelised Onion and Mature Cheddar Quiche (v)												
<u>Ingredients</u>														
Onion and Cheddar Filling														
Onions														
Brown Sugar														
White Wine*														
White Wine Vinegar*														
Mature Cheddar*														
Egg*														
Double Cream*														
S+P														
Quiche Base														
Wheatflour *														
Whey Powder *														
Item	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame Seeds	Soya	Sulpher Dioxide
Quiche		Wheat		x			x							x

* Please state name of Cereal(s) containing Gluten in column

**Please state name(s) of Nut in Column

Dish	Locally Made Scotch Egg and Brown Sauce													
<u>Ingredients</u>														
Scotch Egg *														
Brown Sauce *														
Item	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame Seeds	Soya	Sulpher Dioxide
Scotch Egg		Wheat		x										
Brown Sauce		Barley, Rye												

* Please state name of Cereal(s) containing Gluten in column

**Please state name(s) of Nut in Column

Dish	Vegetable Burrito with Black Beans (Vegan)												
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Ingredients

Vegetable Burrito

Bell Peppers
Red Onions
Black Beans
Courgette
Chilli
Smoked Paprika
Oregeno

Tortilla Wrap

Wheatflour *
Water
Sugar

	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame Seeds	Soya
Item													
Vegetable Burrito		Wheat											

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Sulphur Dioxide

Dish		Kohlrabi, Apple and Carrot Slaw with Toasted Seeds (v)											
<u>Ingredients</u> Slaw Kohlrabi Apple Carrots Djion Mustard * Oil White Wine Vinegar * Pumkin Seeds S & P													
Item	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame Seeds	Soya
Slaw and Toasted Slaw									x				

* Please state name of Cereal(s) containing Gluten in column

**Please state name(s) of Nut in Column

Sulphur Dioxide	x

Dish	New Potato and Chive Salad (v)											
<u>Ingredients</u>												
New Potato and Chive Salad												
New Potatoes												
Chives												
Mayonnaise *												
S+P												
	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame Seeds
New Potato and Chive Salad									x			

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Soya	Sulpher Dioxide

Dish	Crusty French Bread												
<u>Ingredients</u>													
Crusty French Bread*													
Item	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame Seeds	Soya
Crusty French Bread		Wheat											

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Sulpher Dioxide