

[illegible][illegible]

Dish	Smoky Sweet Potato, Quinoa and Black Beans, Lime Yoghurt (V)													
<u>Ingredients</u> Sweet Potato Smoked Paprika Oil Quinoa Black Beans Veg Stock* Lime Yoghurt *														
Item	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame Seeds	Soya	Sulpher Dioxide
Quinoa	x													
Yoghurt							x							

* Please state name of Cereal(s) containing Gluten in column

**Please state name(s) of Nut in Column

Dish	Smoky Sweet Potato, Quinoa and Black Beans, Lime Yoghurt (V)													
Item	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Quinoa	x													
Yoghurt							x							

* Please state name of Cereal(s) containing Gluten in column

**Please state name(s) of Nut in Column

Dish	Chipotle Tomato Rice, with Feta and Coriander (V)												
<u>Ingredients</u>													
Chipotle Tomato Rice													
Chipotle Paste													
Tomato Puree													
Rice													
Onions													
Veg Boulion *													
Feta*													
Coriander													
						</							

* Please state name of Cereal(s) containing Gluten in column **Please state name(s) of Nut in Column

Dish	Chipotle Tomato Rice, with Feta and Coriander (V)												
Item	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame Seeds	Soya
Rice	x												
Feta							x						

* Please state name of Cereal(s) containing Gluten in column **Please state name(s) of Nut in Column

Sulphur Dioxide

Sulphur Dioxide

Dish	Spicy Potato Salad with Chilli and Olives, Sour Cream (V)												
<u>Ingredients</u>													
Potato Salad													
Potato													
Chilli													
Spring Onion													
Olives													
Ginger													
Garlic													
Tumeric													
Fennel Seeds													
Cayenne													
Sour Cream *													
Item	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame Seeds	Soya	Sulpher Dioxide
Potato Salad													x
Sour Cream						x							

* Please state name of Cereal(s) containing Gluten in column

**Please state name(s) of Nut in Column

***Does not contain Lupin

Dish	Spicy Potato Salad with Chilli and Olives, Sour Cream (V)												
Item	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Potato Salad													x
Sour Cream						x							

* Please state name of Cereal(s) containing Gluten in column

**Please state name(s) of Nut in Column

***Does not contain Lupin

Dish	Curtido (Mexican Coleslaw)													
<u>Ingredients</u>														
Curtido														
Cabbage														
Onion														
Carrot														
Salt														
Paprika														
Thyme														
Oregano														
Pepper														
Onion Powder														
Garlic Powder														
Cayenne Pepper														
Mayo *														
Item	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame Seeds	Soya	Sulpher Dioxide
Curtido									x					

* Please state name of Cereal(s) containing Gluten in column **Please state name(s) of Nut in Column

Dish	Curtido (Mexican Coleslaw)													
Item	Celery	Cereals containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame Seeds	Soya	Sulpher Dioxide
Curtido									x					

* Please state name of Cereal(s) containing Gluten in column **Please state name(s) of Nut in Column

[illegible]

Tortilla

Wheatflour *

Water

Sugar

Item

Tortillas

Celery

Cereals
containing
Gluten*

Crustaceans

Eggs

Fish

Lupin

Milk

Molluscs

Mustard

Nuts**

Peanuts

Sesame Seeds

Soya

Sulphur
Dioxide

Wheat

* Please state name of Cereal(s) containing Gluten in column **Please state name(s) of Nut in Column

****Please state name(s) of Nut in Column**

[illegible]

Celery

Cereals
containing
Gluten*

Crustaceans

Eggs

Fish

Lupin

Milk

Molluscs

Mustard

Nuts**

Peanuts

Sesame Seeds

Soya

Sulphur
Dioxide

Wheat

Tortillas